



HOW TO USE THE TIPS?

Z-VIBE ODER Z-GRABBER

The Z-Vibe® is supplied with the probe tip.

The Z-Grabber® is supplied with the textured chewing tip in XL.

Vibration can be switched on or off.

TIPS FOR YOUR PATIENTS' SUCCESS

There is no shame in not knowing, but there is shame in not wanting to learn.

Platon

- Each patient should be treated individually. Simply performing a sequence of exercises does not suit all patients.
- Trust your experience and intuition! The best textbook can't teach you everything!
- Interdisciplinary work is the key to success! PT, OT, doctors as specialists and parents as the basis for good cooperation.
- Involving the parents in the therapy is essential! New routines can only be established through training and consistent work.
- Before you try out a new exercise, try it out on yourself. How is the pressure, the speed? Is there a specific goal for the exercise?
- Sensory exercises should be coupled with functional exercises. For example: after stimulating the back of the tongue, have your patient say a /k/.
- Repeat various exercises. Observe the reaction to the stimulation and act based on this reaction.



THE TIPS



PROBE TIP/ MINI TIP



3 different surfaces, the mini attachment is the smaller version.
Particularly suitable for extra-oral and intra-oral stimulation. Attention and oral exploration can be encouraged.

PREEFER TIP



Specially designed for rolling movements.
Can be used intraorally or extraorally (e.g. to stimulate lip closure).

FINE TIP



Particularly suitable for showing points inside the oral cavity.

TEXTURED SPOON TIPS



The only difference between these spoon tips is the textured surface on the back of the spoon bowl.
The unevenness often helps new consistencies/textures to be tolerated. Or more activity is shown through stimulation of the lower lip or higher sensory input on the tongue.

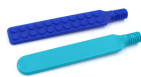


SPOON TIPS

Specially made for feeding and eating therapy. The flat spoon bowl can hold just as much food as needed without overloading.

The small spoon attachment is for babies and toddlers.
The large spoon attachment is for children and adults.

TONGUE DEPRESSOR TIPS



Perfectly suited for diagnostics, but also as a training tool:
Elevation of the middle or back of the tongue. Lip closure and/or sensory input for large areas in/outside the oral cavity.

Available as a smooth or textured version.

BITE'N'CHEW TIP



This round, smooth and chewable attachment is used to train the masticatory muscles (stability, jaw strength or bite training).

It can also be used for extra-oral stimulation and trigger point massages.

BITE'N'CHEW TIP XL



Same area of application as its little brother in green. Because the light blue chewing attachment is longer, it also easily reaches the molars and can therefore be used for chewing training or as a desensitization tool for the molar area.
Also available in textured (yellow).



BITE TUBE TIPS

Similar to the Bite'n'chew tips, only they are hollow. Fill the tips with puree or food to train functional biting and chewing or to introduce new foods.



BUTTON TIPS

The button tips are available in 4 different sizes. The most well-known use is probably the button exercise to increase lip strength. The button tips can also be used to train the tongue muscles, for example.



POPETTE TIP

Not only lollipops, but also oral swabs or similar can be held by the Popette tip. Vibration can be added to work on different functions. Please note allergies or intolerances before using lollipops etc.



ANIMAL TIPS

Different animals with different application opportunities, but in any case very appealing for the smallest of our patients!

The bite block on the "back" of the animals can be used as a jaw grading tool (different thickness for each animal).



TONGUE TIP

The tongue tip from ARK helps to point the tongue, train targeted movements or guide the tongue passively.

The tongue tip can also be used as a tongue scraper.



Y-TIP BITE BLOCKS

Specially designed to work on jaw graduation and stability. Each arm has a different thickness to work on different jaw positions.

In addition to jaw training, these tips can also be used to stimulate lip closure.



HARD/SOFT BRUSH TIPS

Available in soft (blue) and hard (yellow). People with oral hypersensitivities can be helped to reduce them. The blue brush tip is ideal for massaging the gums, while the yellow tip can help you switch to a normal toothbrush.



ROLLER TIP

The roller tip is particularly suitable for stimulating the face, neck, arms, shoulders and hands.



FLAT SPOON TIP

The flat spoon attachments are great for taking pureed food off the spoon with more muscle activity.

Available in smooth or textured, the textured version gives even more sensory input.



SQUEEZER TIPS

The Squeezer tips have been specially designed for lip closure and chewing strength. 3 different levels of difficulty are available in this set - so the strength and endurance of the muscles can be promoted.



BRICK TIPS

The brick tips are available in 3 different degrees of hardness and offer a very clear sensory input with their large nubs.

Some people also want to use the Z-Vibe with the vibration as a calming tool - the tips are ideal for this, as chewing and vibration has an absolutely calming effect for many!

All tips can be cleaned in the dishwasher!

Please make sure that there are no coloring foods in the dishwasher, such as tomato sauce or curry, as the materials could take on the color. However, this should come off again after another wash cycle!

The housing of the Z-Vibe® or Z-Grabber® should not come into contact with water. There is a battery inside. If this gets wet, there is a risk that the vibrating pen will start to rust and can no longer be used.

